



DYNAMIC Kick

GAINESVILLE

Effective August. 21 2023

7515 Somerset Crossing Drive Gainesville, VA 20155 *(703)753-9595

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------------------|---|----------------------------|-----------------|----------------------------|---|------------------|
| A+After school | A+ After School Kids Program Class | | | | | |
| Dream Tigers | 5:45pm ~ 6:25pm | 5:00pm ~ 5:40pm | 5:45pm ~ 6:25pm | 5:00pm ~ 5:40pm | <i>Sparring Class every Fridays!</i> | 9:45am ~ 10:25am |
| Children Beginner (No ~ High Gold) | 5:00pm ~ 5:45pm | 5:45pm ~ 6:30pm | 5:00pm ~ 5:45pm | 5:45pm ~ 6:30pm | 5:00pm ~ 5:45pm <i>*Sparring Gears</i> | 10:30am ~11:15am |
| Children INT/ADV Green~Semi black | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 5:45pm ~ 6:30pm <i>*Sparring Gears</i> | 10:30am ~11:15am |
| All Black Belt Only | | 6:50pm ~ 7:40pm (Room2) | | 6:50pm ~ 7:40pm (Room2) | | |
| Family All belt & Black Belt | 7:15pm ~ 8:05pm | 7:15pm ~ 8:05pm | 7:15pm ~ 8:05pm | 7:15pm ~ 8:05pm | 6:30pm ~ 7:20pm | 11:00am ~11:50am |

NEVER GIVE UP! Together We Can...



HAYMARKET

5341 Merchants view Sq Haymarket, VA 20169 *(703)743-9976

| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------------------------|---|-----------------|-----------------|-----------------|---|------------------|
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| Children INR/ADV Green~Semi black | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 6:30pm ~ 7:15pm | 5:45pm ~ 6:30pm <i>*Sparring Gears</i> | 10:30am ~11:15am |
| Family All belt & Black Belt | 7:15pm ~ 8:00pm | 7:15pm ~ 8:00pm | 7:15pm ~ 8:00pm | 7:15pm ~ 8:00pm | 6:30pm ~ 7:20pm | 11:15am ~12:00am |

Your child will always have something to smile about!



Join us for a confidence building school year!

- Constructive alternative to day care.
- Quiet time and character building lessons.
- Fun filled days... with games, sports, and martial arts.
- Martial Arts Instruction teaches discipline, concentration, and self-defense.
- Extended care on Half Days and Teacher Workdays at no extra charge.

Adults, Teen, Families & Children

\$49.99 Trial

NO-OBLIGATION 2 Weeks of Membership, Perfect for adults, teens, families, children, at any skill level. *Train 2 times per week. *Offer limited to new students only

First Trial Class: _____ / _____ / _____ Time: _____ : _____ AM/PM

•Let us know if you will miss multiple classes due to vacation, etc. In the event of inclement weather, we will close according to PWC Schedule. Please call first.

Visit www.Dkickusa.com for curriculum and current events.

*Gainesville Center: 703-753-9595 *Fair lakes Center: 703-261-6138 *Haymarket Center: 703-743-9976

